

**Basic Supply List For Hurricane Preparedness prepared by Joe Patek**

**A) The following is a recommended “must have” list of basic supplies and other things to consider preparing for an emergency. Most things listed should be available throughout the year.**

**B) This list should be reviewed and edited to conform to each individual’s needs and circumstances.**

**C) Plan to have enough essential supplies to last a minimum of one week**

**1) FLASH LIGHTS ( consider purchasing flashlights not requiring batteries)**

**2) BATTERIES - a good fresh supply of all types and sizes**

**3)) WATER :**

- a) at least one gallon per person per day. You can’t have too much !**
- b) fill all pots and pans, bath tub, jugs, coolers , etc etc et**
- c) purchase bottles of water**
- d) fill extra garbage cans with water ( to flush toilets, etc)**

**4) FOOD :**

- a) Assortment of “pre packaged” food and drinks not requiring refrigeration :**
  - \* tuna, sardines, meats, pasta meals, canned vegetables, canned fruits, sodas, bottled water, nuts, Vienna sausage, canned beans, crackers, etc etc**
  - \* tip - Slim Fast or Ensure provides liquids along with nutrition**
  - \* Feel free to Overstock !!! - if no emergency, you’ll save on shopping later on.**

**5) FOOD PREPARATION “EQUIPMENT :**

- a) “manual” can opener**
- b) plastic forks, knives, spoons**
- c) paper plates**
- d) paper towels**
- e) “wet wipes”**
- f) baggies ( all sizes) , aluminum foil, plastic wrap, etc**
- g) pots, pans, serving hardware, etc**
- h) grilling : matches, lighters, charcoal, propane ( never store propane indoors)  
Coleman Stove ( extra fuel), etc etc**

6) **FIRST AID KIT** : emergencies may cause severe injuries... be well prepared  
\* include: bandages, antibacterial ointment (i.e- Neosporin), gauze pads, hot packs, cold packs, Oxygen Peroxide, Alcohol, Sun Block, treatment, for sun burns, mosquito repellent, Band Aids, pain relieving ointments, trash bags, tweezers, protective gloves and masks, CPR procedures, emergency phone numbers ( 911, physicians, hospital) etc etc

7) **MEDICINES** : a minimum of one week's supply of all prescribed medication, aspirin, Tylenol, sinus medication, pain relieving

8) **PERSONAL ITEMS** : : toothpaste, toothbrush, deodorant, Q-tips, toilet paper, feminine hygiene products, soap, shampoo, sunglasses, prescription glasses, contact lenses, towels, wet wipes, etc etc

9) **IMPORTANT PAPERS** :

all important phone numbers, phone book, insurance papers and policy numbers ( home insurance , life insurance , flood insurance , auto insurance info, wills, trusts, DNR (do not resuscitate), bank account(s) info, \*\* pet information ( record of all shots, registration, licenses, , name tag, etc, a pet carrier ( shelters WILL NOT allow your pets without ALL of the above mentioned)

10) **COMMUNICATION** :

cell phone, cell phone chargers (including car charger), extra cell phone batteries, Portable radio, Portable TV, walkie talkies, ham radio, CB, etc etc

11) **PLASTIC TRASH BAGS AND BINS** –

to protect home items from water, cover leaks ( roof, windows, doors ), garbage collection, , to seal a large wound, to cover deceased victims, etc etc

12) **ICE** –

obviously to keep things cool - medication, food, keeps refrigerator and freezers colder longer, injuries, drinks, etc etc

13) **FIRE EXTINGUISHER** - universal “ABC” type ( common combustibles, flammable liquids, and de-energized electrical equipment

14) **RECORDING DEVICES** –

Cameras : ( video, digital, VHS, 35mm, disposable,) - to record damage or injuries for proper medical care, insurance purposes. etc.

\*\*\* see next page \*\*\*

**\*\*\*\* ADDITIONAL NOTES \*\*\*\*:**

- a) Always use Flashlights instead of candles whenever possible ( fire hazard)
- b) NEVER store propane indoors ... an extreme explosion hazard !!!!
- c) If using a GENERATOR :
  - \* NEVER operate generators indoors !!!!!
  - \* FIRST turn OFF main breaker at electric panel !!
  - \* Keep as far from your home as possible
  - \* You MUST have a Carbon Monoxide Detector in your home-  
Generator produce CO ( invisible, odorless, tasteless) and other fumes  
that WILL KILL YOU !!!!
- d) SMOKE DETECTORS - – make sure they operate and have fresh batteries.  
There is an increase of fire potential during emergencies

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